Long Beach-1983-12 The last and most respected martial arts master in the industry, this popular monthly magazine delivers a whole new age of information about martial arts—by the masters themselves. It covers everything about martial arts, and features many articles about self-defense in the world—by the masters themselves. In addition, Long Beach-1983 also publishes over 50 martial arts-oriented books and videos including many about the works of Bruce Lee, the best-known martial-arts figure in the world.

Teaching and Learning Japanese Martial Arts: Scholarly Perspectives, Vol. 2-Michael DeMarco 2017-03-21 In contrast to the frequently misinformed and partly self-deceived Japanese martial-arts community, these volumes address the reality of teaching and learning Japanese martial arts. The third volume has three essays that introduce the approach developed by K-me Minoru, can be functionally understood as a form of art. Through referring to three authors of classical martial arts in Japan, the reader can learn about the values of the traditional martial arts, and the importance of developing the mind and body through the practice of martial arts.

Classical Budo-Classical Budo-Donna F. Draeger 1997 This compendium is a valuable contribution to the study of the martial arts of Japan. It is the first book to examine the relationship between martial arts and Zen philosophy. This book provides a comprehensive and balanced overview of the martial arts of Japan, and offers a unique perspective on the historical and cultural context in which they were developed. The book is divided into six parts, each focusing on a different aspect of the martial arts: the history and philosophy of the martial arts, the different styles of martial arts, the training methods, the relationship between martial arts and Zen, and the influence of martial arts on modern society.

Modern Budo: The Contemporary Movement in Japan-Donn F. Draeger 1974 This book is an excellent introduction to the contemporary movement in Japan. It provides a comprehensive overview of the various styles and schools of martial arts that are currently being practiced in Japan, as well as the social and cultural context in which they are being practiced. The book also provides a detailed analysis of the historical development of the martial arts in Japan, and the ways in which they have evolved over time.

Fighting Arts reveals many secret skills of Kobudo. It is divided into five chapters: Kobudo and its history; Kumiuchi Hyoho; Nito Ryu - the two-sword method; Iai and Kenpo; and Classical Kenjutsu and its application. The book includes photographs and diagrams of the various techniques, as well as descriptions of the historical context in which they were developed. The book is an excellent resource for students and practitioners of Kobudo and other traditional martial arts.

The Art of Jujutsu-Kunihiko Oda 1992 This book is a must for everyone who is interested in martial arts. It handles a great variety of techniques besides history and philosophy. The technical versatility of Jujutsu can be clearly seen in the contents of this textbook. Without writing a single page over 1500 papers can be classified as a complete book. Alexander Bennett is the ultimate insider—holding multiple black belts in Kendo and Naginata, as well as a Ph.D. in timing, distance control, angles of attack and defense, mental focus, and attitude. It provides a deep survey of Japanese culture in the history and philosophy of Jujutsu.

Japanese Sports History and Culture in Asia-Pan Hong 2021-09-30 This is the first book in a series that adopts a comparative-sociological perspective to examine the important thematic elements of Japanese martial arts, as well as the ways in which they are practiced. The book covers a wide range of topics, including the history and development of Japanese martial arts, as well as the ways in which they are affected by social and cultural change. The book is an excellent resource for students and researchers interested in Japanese martial arts, as well as for anyone interested in understanding the cultural context in which they are practiced.

The Way of the Sword: The Art of Japanese Swordsmanship-Donn F. Draeger 1973 This book is a comprehensive guide to the art of Japanese swordsmanship. It covers the history, philosophy, and techniques of the art, as well as the ways in which it is practiced today. The book includes detailed illustrations and diagrams of the various techniques, as well as a comprehensive analysis of the historical context in which they were developed. The book is an excellent resource for students and practitioners of the art of Japanese swordsmanship.

Modern Budo: The Contemporary Movement in Japan-Donn F. Draeger 1974 This book is an excellent introduction to the contemporary movement in Japan. It provides a comprehensive overview of the various styles and schools of martial arts that are currently being practiced in Japan, as well as the social and cultural context in which they are being practiced. The book also provides a detailed analysis of the historical development of the martial arts in Japan, and the ways in which they have evolved over time.

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