Benefits of Self-Disclosure

- 1. **Enhancement of relationships and trust**
- 2. **Reciprocity** (When we disclose to others they tend to disclose back)
- 3. **Emotional release** “getting off your chest”
- 4. **Assistance to others** (showing another person you have been through the same thing)
approach to communication. The effect of people's motives on relationships is then considered, together with the role of two fundamental human motives - power and intimacy - on love and friendship. The remaining chapters focus on the importance of the identification process - that is, how people fix their own and others' identities in social interaction - in developing relationships; patterns of nonverbal exchange in close relationships; how and why loneliness occurs; and the nature of social exchange processes in intimate relationships. The book concludes with an epilogue that provides a perspective on why people may find it difficult or easy to form intimate relationships. This monograph should be a valuable resource for psychologists and sociologists.

Conflicting Views of Self-disclosure-Eden Foord 1990

Encyclopedia of Personality and Individual Differences-Virgil Zeigler-Hill 2017-11-30 This Encyclopedia provides a comprehensive overview of individual differences within the domain of personality, with major sub-topics including assessment and research design, taxonomy, biological factors, evolutionary evidence, biological variation, evidence, gender differences, cultural considerations, and personality disorders. It is an up-to-date reference for this increasingly important area and a key resource for those who study intelligence, personality, motivation, aptitude and their variations within members of a group.

An Interpersonal Communication Ethnic for Self-disclosure-Matthew E. Ritchie 1989

Of Human Interaction-Joseph Luft 1969

Unknown MIR Title-Ronald B. Adler 2020-03-02 In its fifth Canadian edition, Interplay: The Process of Interpersonal Communication offers an immersive approach to the study of communication that foregrounds usefulness, readability, and student engagement. With up-to-date scholarship, case studies, and real-world examples, Interplay emphasizes the shifting dimensions of interaction made possible by social media and changing communication norms. Interplay is attentive to the ways in which communication practices shape and are shaped by culture, gender, and context; with extensive pedagogy integrated into its chapters, the book encourages readers to apply its insights to their own lives and relationships both within and beyond the classroom.

The Transparent Self-Sidney M. Jourard 1971 A psychosociologist explains the ways man hides himself from his fellow men and the disastrous results of this role-playing.

Self-disclosure in Psychotherapy-Barry Alan Farber 2006-07-17 Concise, clear, and featuring numerous clinical examples, this is the first book to include empirical studies of supervisor/supervisee disclosure, plus extensive research on patient/therapist disclosure. Other unique topics include disclosure issues in child therapy.

Interpersonal Communication-West Richard 2018-11-29 Now published by SAGE! Interpersonal Communication, Fourth Edition empowers students to become more confident communicators by providing them with both the knowledge and the practical skills they need to make effective communication choices in today's rapidly changing and technologically advanced society. Rather than "telling" students how to communicate, authors Richard L. West and Lynn H. Turner offer a toolbox of key skills so students can actively choose and experiment with strategies appropriate for a given situation. Filled with realistic examples and research from today's students, this practical text makes clear connections among theory, skills, and the life situations we all encounter on a daily basis. A Complete Teaching & Learning Package SAGE Premium Video Included in the interactive eBook! SAGE Premium Video tools and resources boost comprehension and bolster analysis. Interactive eBook Includes access to SAGE Premium Video, multimedia tools, and much more! Save when you bundle the interactive eBook with the new edition. Order using bundle ISBN: 9781544363657. Learn more. SAGE course packs FREE! Easily import our quality instructor and student resource content into your school's learning management system (LMS) and save time. Learn more. SAGE edge FREE online resources for students that make learning easier. See how your students benefit. 9781544365657 9781544365657 9781544365657

Privacy and Disclosure of Hiv in Interpersonal Relationships-Kathryn Greene 2003-06-20 As the HIV epidemic enters its third decade, it remains one of the most pressing health issues of our time. Many aspects of the disease remain under-researched and inadequately addressed. This book provides an overview of current research on privacy and disclosure while bringing together significant areas: self-disclosure as a communication process and the social/relational consequences of HIV/AIDS. The unifying framework is communication privacy management and the focus of this volume is on private voluntary self-disclosures, as opposed to forced or public disclosure. The authors examine disclosure in social contexts, including relationships with intimate partners, families, friends, health workers, and coworkers. Of note are the examinations of predictors of willingness to disclose HIV infection, the message features of disclosure, and the consequences of both disclosure and non-disclosure. This volume, with its personal exercises and sources of additional information, offers an invaluable resource for individuals living with HIV and their significant others, as well as for professionals in the fields of health communication, social psychology, family therapy, clinical and counseling psychology, relationship research, infectious disease, and social and health psychology.

Interpersonal Communication Book-Joseph A. DeVito 2013-07-27 Updated in its 13th edition, Joseph DeVito's The Interpersonal Communication Book provides a highly interactive presentation of the theory, research, and skills of interpersonal communication integrated with discussions of diverse disciplines, ethics, workplace issues, and computer-mediated communication and a new focus on the concept of finding the best form of communication in different contexts. This 13th edition presents a comprehensive view of both the theoretical and research in interpersonal communication and, at the same time, guides readers to improve a wide range of interpersonal skills. The text emphasizes how to choose among those skills and make effective communication choices in a variety of personal, social, and workplace relationships.

The Interpersonal Psychotherapy Interview-Charles Silverstein 2011-01-19 This book provides comprehensive coverage of the initial interview with a gay male client. It first provides a transcript of the entire interview with a gay male client. It then covers in-depth a set of universal themes, and finally includes commentary on and analysis of the interview from a range of the most widely used theoretical perspectives. It is designed to help students prepare for initial and continuing therapy with gay men, as well as experienced mental health workers will find it invaluable. -Winner of the Distinguished Book Award, APA 2011 -- Editor is Chairman of the Board of Directors of the Institute for Human Identity Presents a realistic model of therapy that helps therapists in training not get lost in the process of interviewing. The Handbook of Relationship Initiation-Susan Sprecher 2018-09-05 The Handbook of Relationship Initiation is the first volume to focus specifically on the very beginning stage of relationships - their origin. In this Handbook, leading scholars on relationships review the literature on various processes related to the initiation of relationships: how people meet, communicate for the first time, and begin to define themselves as being in a relationship. Topics include attraction, mate selection, influence of social networks on relationship initiation, initiation over the internet, hook-ups among young adults, and flirting and opening gambits. In addition, the dark side of relationship initiation is considered, including unwanted relationship pursuit and barriers to relationship initiation including social anxiety. This volume presents an overview of factors that might affect the development of relationships and their consequences.

Handbook of Relationship Initiation-Susan Sprecher 2018-09-05 The Handbook of Relationship Initiation is the first volume to focus specifically on the very beginning stage of relationships - their origin. In this Handbook, leading scholars on relationships review the literature on various processes related to the initiation of relationships: how people meet, communicate for the first time, and begin to define themselves as being in a relationship. Topics include attraction, mate selection, influence of social networks on relationship initiation, initiation over the internet, hook-ups among young adults, and flirting and opening gambits. In addition, the dark side of relationship initiation is considered, including unwanted relationship pursuit and barriers to relationship initiation including social anxiety. This volume presents an overview of factors that might affect the development of relationships and their consequences. It is an up-to-date reference for this increasingly important area and a key resource for those who study intelligence, personality, motivation, aptitude and their variations within members of a group.

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B. R. Pearlman 1986

Interplay: The Process of Interpersonal Communication provides a comprehensive and engaging introduction to communication in interpersonal relationships. Based on an extensive body of scholarship, interplay cites more than 1,000 sources—30% of which are new to the ninth edition—and provides a variety of thought-provoking photos, sidebars, and cartoons that illustrate key points in the text and connect them to everyday life and popular culture. The ninth edition is updated and revised throughout to help make material more clear and useful to students. It provides new information on how people manage their identities on the Internet, how people interpret language in everyday situations, reasons for defensiveness, the role of physical appearance in relational communication, and how technology and gender affect different types of interaction. In addition, the text expands coverage of theories, concepts, and skills addressed in the text. The website includes a section titled Now Playing that contains reviews of recent films that illustrate communication concepts covered in the text. Other ancillaries include an updated instructor’s manual and a computerized test bank. Interplay: The Process of Interpersonal Communication, 9/e is ideal for freshman and sophomore courses in communication, speech communication, and interpersonal communication.

Self-Disclosure in the Therapeutic Relationship-M. Fisher 2013-11-11 The editors of the present volume were also privileged to collaborate on an earlier book, Intimacy, also published by Plenum Press. In our preface to that volume, we focused on some of the most important circumstances that surround human interaction. Dedicated chapters focus on culture (Chapter 12), and work and family (all-new Chapter 13). Each chapter provides context-specific guidelines for communicating effectively. BLNew-Self-Assessment Instruments in each chapter allow students to analyze their current communication behavior and its consequences. The behaviors discussed include listening styles, expressing emotions, self-disclosure, and ways to handle aggression. BLUpdated-FilmClips at the end of each chapter profile recent feature films—including About a Boy (intimacy and self-disclosure), Ghost World (defensiveness), and Life as a House (the role of touch in relationships)—that illustrate communication concepts from the text. BLUpdated-Focus on Research sidebars highlight scholarship that students will find interesting and useful. New profiles address a diverse array of topics, including new chapters on cognitive behavioural therapy and coaching and mentoring, this new edition also places communication in context with advances in digital technology. The Handbook of Communication Skills represents the most significant single contribution to the literature in this domain. Providing a rich mine of information for the neophyte and practising professional, it is perfect for use in a variety of contexts, from theoretical mainstream communication modules to degree programmes to vocational courses in health, business and education. With contributions from an internationally renowned range of scholars, this is the definitive text for students, researchers and alike.

The Communication Playbook-Teri Kwal Gamble 2018-09-25 Skills for becoming clear communicators, confident speakers, and sharp thinkers. Designed for today’s active learners, The Communication Playbook moves students beyond the classroom by helping them develop a strong communication skillset that will benefit them throughout their lives. With a focus on effective communication skills and career success, bestselling authors Teri Kwal Gamble and Michael K. Gamble give students clear explanations of core concepts followed by practical learning activities—encouraging students to think critically about why good communication is important and how the concepts can be applied to today’s classroom, workplace, and community. Perfect for the hybrid communication course with coverage of public speaking, this concise text has been strategically separated into tabbed chapters—making it easier for readers to navigate, digest, revisit, and review the content. As good communication is the foundation of everyday life, The Communication Playbook primes students for success in both their courses and their careers.

A Pastor’s Guide to Interpersonal Communication-Blake J. Neff 2014-01-14 Improving your powers of communication can encourage powerful communication with your parishioners. A Pastor’s Guide to Interpersonal Communication: The Other Six Days provides students preparing for the pastoral ministry with specialized training in communications that focuses on the kind of one-on-one conversations they can expect to have with their parishioners. This comprehensive book examines a variety of essential topics, including perception, self-disclosure, verbal and nonverbal messages, listening, stages of relational development, power assertiveness and dominance, conflict management, forgiveness, persuasion, dual relationships, pastoral family communication, and how to develop a communications model. Each chapter includes “Pastoral Conversations,” real-life dialogues presented for analysis; “Key Concepts” for quick student review; “Meanings, Mania,” self-tests on vocabulary; and “Unleashing the Power of Interpersonal Communication,” student exercises that reinforce the practical aspects of key principles. While many pastors have a great love for the people they minister to, they have difficulty demonstrating that love because they lack the skills to develop and maintain relationships. This book explores how communication works and how to make it work for you, applying the best available interpersonal communication techniques to your relationships with the real people of the church—your parishioners. A Pastor’s Guide to Interpersonal Communication: The Other Six Days examines: how self-disclosure works and when it’s appropriate for a pastor stumbling blocks and building blocks for effective listening the differences between power, assertiveness, and dominance and when to use each conflict management styles and negotiation strategies several myths about forgiveness dual relationships and how to handle them pitfalls to avoid in pastoral family communication and much more A Pastor’s Guide to Interpersonal Communication: The Other Six Days is an essential resource for Bible college students and for students at the pre-ministerial and seminary levels. It’s also a valuable professional tool for clergy practitioners who need help with their communication skills.

Interpersonal Communication Self Disclosure
Concepts, and skills addressed in the text. The website includes a section titled “Now Playing” that contains reviews of recent films that illustrate communication concepts covered in the text. Other ancillaries include an updated and expanded instructor’s manual and a computerized test bank. *Interplay: The Process of Interpersonal Communication,* 9/e is ideal for freshman and sophomore courses in communication, speech communication, and interpersonal communication.

Social Skills in Interpersonal Communication-Owen Hargie 1994 Revised, extended and updated, this edition will continue as the core textbook for students of interpersonal communication as well as for professional groups such as counsellors, doctors, nurses, social workers and psychologists.

The Effects of Interpersonal Control on Self-disclosure and Communication Apprehension-Donna Libertella Matthews 1986

A Study of Interpersonal Communication in a Dyad Situation Using the Concepts of Self-disclosure and Confirmation-Mack W. White 1975

Theory and Practice in Interpersonal Attraction-Steve Duck 1977

Interpersonal Relationships and the Self-Concept-Brent A. Mattingly 2020-05-21 This volume provides an overview of the theoretical and empirical work on relationship-induced self-concept change that has occurred over the last 10-15 years. The chapters in this volume discuss the foundations of relationship self-change, how and when it occurs, how it influences relationship decisions and behavior, and how it informs and modifies subsequent knowledge structures, all examined over the course of the relationship cycle (i.e., initiation, maintenance, and dissolution). Additionally, this volume identifies novel applications and extensions of the relationship self-change literature, including applications to health and behavior, intergroup relations, and the workplace. Among the topics discussed: Self-disclosure in the acquaintance process Commitment readiness Bolstering attachment security through close relationships Self-concept clarity and self-change The role of social support in promoting self-development Relationship dissolution and self-concept change Intergroup and sociocultural factors of self-expansion Self-concept change at work Measurement of relationship-induced self-concept change Interpersonal Relationships and the Self-Concept serves both as a comprehensive overview of the existing empirical research as well as a roadmap for future research on self-change, including a discussion of emerging theoretical frameworks. It will interest researchers focusing on romantic relationships, self and identity, and the intersection of self and relationships, spanning the disciplines of psychology, sociology, communication, and family studies.
Interpersonal Communication Self Disclosure

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